

# Albany Area YMCA Basketball

## Parent FAQ's:

- **Parent Orientation November 16<sup>th</sup> Albany Y Leadership Room or Gym**
  - 6U- 5:30pm 8U- 6pm 10U - 14U- 6:30pm
- **Skill Evaluation November 18<sup>th</sup>**
  - 9:30 am Court 1 - 8U 9:30am Court 2- 10U
  - 10:30am Court 1 - 12U 10:30am Court 2- 14U
- **When do I call the Director?**
  - **If you have not heard from a coach by November 30<sup>th</sup>**
  - **All volunteer/staff related questions or concerns**
- **Ages for participation**

Basketball: Ages 5 -14 (**Age cut off 9/1/23**)

  - 6U (ages 5 & 6) \*8U (ages 7 & 8) \*10U (ages 9 & 10) \*12U (ages 11 & 12) \*14U (ages 13 & 14)
- **Can my child participate up an age group?**

Yes, participant may play up an age bracket but not allowed to play down an age bracket
- **How do I become a volunteer coach?**
  - Submit a criminal background check
  - Fill out Volunteer Application at either Central Facility or Lee County YMCA
  - Do online training at [training.ymca.net](http://training.ymca.net)
  - Attend coaches meeting November 18<sup>th</sup> 9am @ main Y
  - Attend skill evaluation November 18<sup>th</sup> 9:30am
  - Attend team selection November 21<sup>st</sup> 6pm @ main Y
- **When should I hear from a coach? What should I expect from a coach?**
  - Please call EJ if you haven't heard from a coach by November 30<sup>th</sup>
  - Practice one day a week for all age group
  - Practice/Game Changes or Cancellation hour prior to scheduled practice/game
  - Be punctual for practices and games
  - Display of YMCA Character Values (Honesty, Caring, Respect, Responsibility)
- **When do practices start? What days are practices? Where are practices?**
  - Practice begins the week of December 4<sup>th</sup>
  - Practices days varies, coaches will give exact days times
  - Practices will be held at the Central Y with Covid-19 precautions
- **When and where are games?**
  - First scrimmage game scheduled for December 16<sup>th</sup>
  - Games will be held at the Central Y
  - Games will be played on Saturday mornings
  - 6U and 8U coaches will ref their own games
  - Season will end sometime on or before March 5<sup>th</sup> (Depends on the number of teams)
  - We will partner with the Parks and Rec so some or all games will be at a city gym
- **As a parent what is expected of/from me?**
  - Ensure we have your correct emails and phone contacts
  - Be respectful and helpful to staff, volunteer coaches, other spectators, and participants
  - Always demonstrate good sportsmanship like conduct
  - Operate with the Parent Code of Conduct statement
  - The YMCA will provide the Jersey and short
  - **No parent is allowed on the gym floor during practice or games at the main Y**
- **What is permitted on YMCA premises? What is not permitted on YMCA premises?**
  - **Food and Drink are not permitted beyond the break area**
  - **Any tobacco product or alcoholic beverage is not permitted**
  - **Parents are not allowed on the gym floor during practice or games**
- **What happens if there is "bad" weather?**
  - YMCA will contact coaches and coaches will contact parents if there are any cancellations due to weather

Character Doesn't Build Character... It Reveals it.



## YMCA Mission Statement

"To put Christian principles into practice through programs that build a healthy spirit, mind, and body for all."