**Swim Team – Frequently Asked Questions (FAQ)**

**Q: When are the practice days?**  
**A:** Practices are held every **Tuesday and Thursday**.

**Q: What are the age limits to join the team?**  
**A:** Swimmers can join the team at **5 years old**, but to qualify for the youngest state division, they must turn **6 years old by May 31st**. To participate in the oldest division, swimmers must **still be 18 years old by May 31st**.

**Q: How long are the practices?**  
**A:** Each practice session lasts **two hours**.

**Q: Do I need to buy swimwear?**  
**A:** Yes, swimwear is required. A link to the recommended swimwear will be provided in the **welcome letter**.

**Q: Will the swim team teach my child different swim styles?**  
**A:** No. Swimmers are expected to already know the swim styles for the events they wish to participate in. At a minimum, all swimmers must know **Freestyle**.

**Q: Is there a program available to teach my child the different swim styles?**  
**A:** Yes. The **YMCA offers a Master Class program** that provides **one-on-one training** for all swim styles.

**Q: How long is the swim season?**  
**A:** We **practice year-round** but may take a **two-to-three-month break during the summer** depending on participation levels.

Let me know if you'd like this turned into a downloadable PDF or formatted for a website or email.